



For Immediate Release: 3/11/09

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Area YMCA's to Host New York State Swim Championships

(Buffalo, NY) – YMCA Buffalo Niagara is pleased to be one of the hosts for the 2009 New York State YMCA Swimming Championship, being held at the Burt Flickinger Athletic Center (21 Oak St., Buffalo), Friday March 20 through Sunday March 22. Participating in this statewide competition are the Northeast Family YMCA Sharks, Ken-Ton Family YMCA Cobras, Lockport YMCA Sharks & Stingrays, and Olean YMCA Seahawks along with 37 additional YMCA teams from as far away as Long Island. Nearly 1,500 swimmers ranging in age from 8-18 years will compete in the three day event and over 5,000 spectators are anticipated to attend. The meet will start Friday evening at 5:00 p.m.. Saturday's event sessions start at 8:00 a.m. and Sunday's event sessions start at 9:00 a.m.

For more information please contact Debbie McCormick at the Northeast Family YMCA at 839-2543.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 40 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at www.ymcabuffaloniagara.org.

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