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## **Southtowns YMCA Adds 46 Pieces of Brand New Fitness Equipment**

**(West Seneca, NY)** – The Southtowns Family YMCA is pleased to announce the addition of 46 pieces of brand new fitness equipment to their wellness center. Members will now enjoy:

6 **NEW** Precor EFX 576i Elliptical Trainers

6 **NEW** Precor Adaptive Motion Trainers

2 **NEW** Cybex Arc Trainers

1 **NEW** Precor Stretch Trainer

### **Star Trac:**

17 **NEW** P-series Treadmills

7 **NEW** P-series recumbent bikes

7 **NEW** P-series upright bikes

Additionally the wellness center will be replacing the flooring with *Infinity Flooring*. This new flooring is durable, clean, odorless, and noise proof. This high end flooring is often used in collegiate strength and conditioning rooms and has a high traction non-slip surface.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 42 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at [www.ymcabuffaloniagara.org](http://www.ymcabuffaloniagara.org).

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